**Free**



**Sessions include:**

* Play
* Being a positive parent
* Promoting self esteem
* Praise and rewards
* Developing routines
* Difficult behaviour

Do you need advice on supporting children’s behaviour?

Incredible Years **for parents of 3 to 5 years olds**

Further information

**Dates:** Thursdays 7th January – 1st April 2021 (Excluding Half Term)

**Time:** 9.30am – 11.30am

**Venue:** This programme will be run online using Zoom

To request a place, visit: [www.cornwall.gov.uk/earlyhelphub](http://www.cornwall.gov.uk/earlyhelphub)

Click on ’Request for Help’, then on the request for help form.   
Complete, save and email to [earlyhelphub@cornwall.gov.uk](mailto:earlyhelphub@cornwall.gov.uk)